

Audwin Trapman

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Getting Started

Congratulations for calling on Holy Spirit Healing Energies to heal your life.

I will begin sending you **4 weeks** of Holy Spirit Healing Energy starting today.

As part of this healing process, it is <u>your responsibility</u> to send me an email every 3 days letting me know what is going on in your life relative to your issues. (If you don't have email then send me a personal letter by post at the address above). I have definitely found that the clients who stay in touch do the best. This is particularly true for those with entity issues. The stronger the entity, the more resistance they will likely put up and for this reason feedback is crucial. I will respond to **your** emails. I would like to hear about any signs that seem out of the ordinary to you. Inform me about your gains as well as your challenges. Particularly anxiety and stress felt in the solar plexus and stomach area.

It is important that you click REPLY to all emails, so I can continue to see the email history. Do not send new blank emails.

Be sure your First Name and Start Date are in the Subject Line.

It is important that <u>you take the initiative</u> in contacting me, I spend so many hours sending energies that I am rarely freed up to take the initiative in sending emails.

On weekends and evenings I will read all emails that arrive but I may not answer until the next weekday or two. If at any time you don't get a response from me for several days then that is because the Light is having me focus on sending energies instead of replying to emails. This causes a backlog and can be a pain as it is hard to catch up, but sending energies always has to be the focus.

Please be aware that healing is a process. The source of many problems are usually deeply rooted and you can expect to have both good days and challenging days. That is why I ask you to let me know how you are doing so that I can be more focused in directing Holy Spirit healing energies to the source of your situation. Sometimes things need to flare up before they can be healed, this is the requirement for conscious awareness at play. These flare ups are like fingers pointing saying... "look at me! I am over here".

If there is a lot of resistance then one or more 4 week sessions may be needed if it is not dealt with in the first 4 weeks. It is always my goal to get all healing and clearing done as quickly as possible. I have found that the clients for whom it works fastest are the ones who have the least issues to have to work through and therefore fewer blocks to the Angels, Love Healing, and Holy Spirit healing Energies. The more surrounded by darkness you are, the longer it may take. It should be evident in the first 4 weeks how fast the energies are clearing you and if you are completed or not.

Please reach out to me at the end of the 4 weeks, again, this is your responsibility to contact me. I am at your service and am honoured to be helping you overcome your challenges.

Blessings,

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